



CHAILIGHTS CHESHVAN-KISLEV 5781

TEMPLE BETH TIKVAH- 12411 Park Shadows Trail 77058

SO, NU?

THE RABBI SPEAKS:

Dear TBT family,

I am pleased to announce the upcoming ERJCC Jewish Book and Arts Festival which will take place from November 1st - 22nd on-line. This year's community read will take place Monday night November 9th at 7:30 pm when we will hear Esther Amini share about her book, *Concealed: Memoir of a Jewish-Iranian Daughter Caught Between the Chador and America*. I hope you will join me for what I know will be a wonderful session!

The entire festival can be viewed here:

<https://www.erjcchouston.org/arts/jewish-book-arts-festival/>

It was such a delight sharing the celebration of Sukkot together, in a physically distanced way last month outside at TBT. Sadly, it looks like we are beginning to spike again, so everyone, please be extra cautious to help ensure your safety and that of your loved ones.

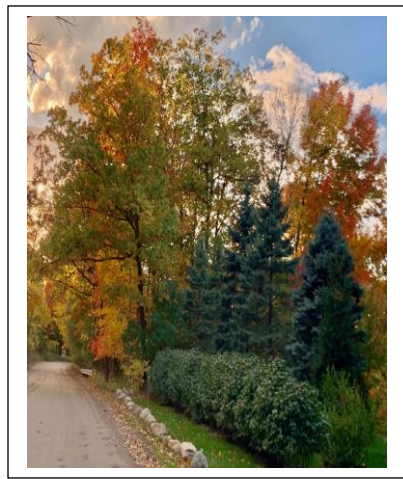
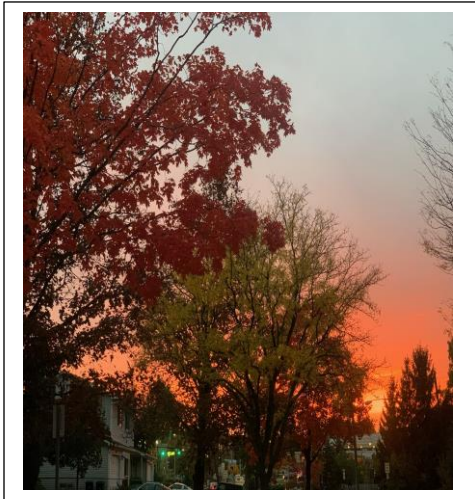
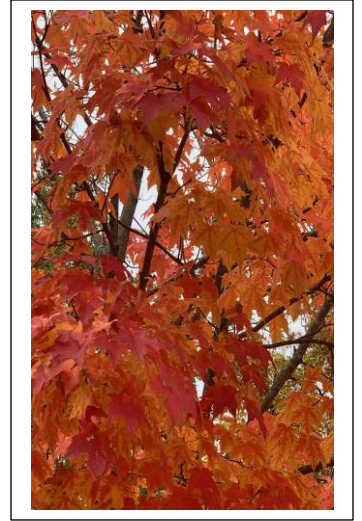
If you would like to schedule a telephone or FaceTime/Skype appointment, please call or text me at 832-978-4624. I remain available to support you in any ways possible!

It was a delight to get a way for a week and enjoy the company of dear friends, including Deb's mom Flo and Priya as visited Michigan and Illinois, as well as soak in the beautiful fall foliage. Enjoy a few of the MANY pictures I took from my recent trip.

Happy and Healthy Fall!

Warmly, Rabbi Deborah

*FALL INTO FALL WITH THESE BEAUTIFUL PICTURES FROM
RABBI SCHLOSS*



*Autumn...the year's last, loveliest smile." —
John Howard Bryant*



The Prez Sez

Sukkot vs Thanksgiving

I was thinking how lucky we are that we, as Jews, can celebrate two holidays – one religious and the other secular, like “new year.”

We begin with our “new year” which is spiritual as we make promises to G-d and clear our heads. The second New Years is secular where some of us wake up the following morning with foggy heads. We shout out “resolutions” such as, “I’m gonna exercise more this year!” to actually no one in particular. And that promise ends up by the wayside ...oh maybe around February. Nonetheless, we get the best of both worlds...and food.

Now, we approach Thanksgiving after finishing Sukkot. So, the question I was thinking “did the Pilgrims create Thanksgiving in the image of Sukkot?”

After doing research from varying scholars the answer is as varied as the scholars that I read. There is only one extant primary reference that I could find that was attributed to a pilgrim. He wrote in his journal: “1621 we celebrated in Thanks giving tonight.” This was not much of any help.

But let’s look at the two holidays and see what you think.

Pilgrims and Jews in England in the 1600’s were persecuted. Both groups left and settled in Holland where religious tolerance was practiced. They lived amongst each other. Surely, they also learned from each other and could have shared or at least been exposed to holidays. Not to mention, both sides were adept in their knowledge of the Bible.

Both groups arrived in America. We all know the story of the Pilgrim and Plymouth Rock. They came to a land where the forests were dense, the weather harsh and no HEB within 5 miles of anywhere. Enough said. They

almost starved their first winter until a Native America chief stepped in to share the harvest and taught them to plant. As they prospered it became a yearly event as they celebrated and remembered their flight from England to freedom, the struggles they faced and gratitude of the harvest. Some even say that the cornucopia, associated with this holiday is in the shape of the Shofar.

Sukkot is our reminder of our flight from Egypt. We are commanded to sit outdoors to recreate this ritual of flight and the hardship we faced. Sometimes, even dodging hurricanes. We eat foods that come from our harvest.

Although the basic rituals are different, they do share similar traits. Flight from persecution, struggles, finding freedom, honoring the harvest, and establishing a new way to live within their dogmas.

Whether or not the Pilgrims based Thanksgiving on Sukkot the bottom line is how grateful we are to partake in both wonderful celebrations. One religious, one secular. And, about that other holiday where I can scream out my "resolution" to exercise more: I got one month think about it after my second piece of pecan pie.

Happy Harvest y'all.

~Deb Nowinski – tbtpres@gmail.com



JOE WALLACK- RITUAL DIRECTOR

And Now for Something Totally Different!

Star Of David Trek - Part 1

It's the year 2,053. Israel has just achieved final peace with all of its Arab neighbors culminating in the opening of the Benjamin Netanyahu Academy of Acting in Cairo and the Yassir Arafat Institute For Reformed Terrorists in Tel Aviv. Thanks to the new peace Israel has replaced its policy of mandatory military service with mandatory graduation from medical school. Also, because of key military secrets given to Israel by super spy Jonathan Pollard, Israel has become the world leader in science and technology.

Through the conversion of its resources from military applications to scientific applications Israel has become the first country to develop a ship, the "USS Enteraplea Pollard", which is capable of going back in time. The "USS Enteraplea Pollard" has been sent on a secret mission to go back in time and remove Chapter 53 from the writings of Isaiah.

Dr. Kirk: Dr. Spock, time reading.

Dr. Spock: It is currently 1250 C.E. Dr. Kirk.

Dr. McCoy : Dr. Kirk, we should stop and meet Maimonides. Think of the opportunity!

Dr. Kirk: Dr. McCoy, we are under strict orders not to interfere with history except for our main mission.

Dr. Spock: I believe I have located Maimonides on the sensors.

Dr. McCoy: Is he studying Torah?

Dr. Spock: No, I believe he is fleeing from crusaders.

Dr. Kirk: Dr. Checkov, has the computer simulation noted any potential problems?

Dr. Checkov: Yes, Dr. Kirk, ve vill hav a wery serious religious problem in approximately fifteen hundred years.

Dr. Kirk: What problem Dr. Checkov?

Dr. Checkov: Ve vill be bak in time before the oral law. So, do ve follow the Torah law of the time or the oral law ve know?

Dr. Kirk: Bones?

Dr. McCoy: Dammit Dr. Kirk, I'm a Doctor, not a Talmudic Rabbi!

Dr. Kirk: We're all Doctors Dr. McCoy. Didn't you have to take an ethics class in Medical School?

Dr. McCoy: It wasn't required in Podiatry School.

Joewallack@gmail.com

Sisterhood

Nancy Schwartz- Nancyaya14@gmail.com

November Hadassah event and all are welcome to attend. It's a zoom meeting with a guest speaker who will discuss prediabetes and diabetes.

Thursday Nov. 12th 7 PM - more details forthcoming via a Sisterhood email.

Share your story. Someone else might benefit too...Here's mine...

As many of you know, I injured my knee and was expected to end up having surgery. To date, I have been receiving PT 3 days/wk and massage therapy too. Both have made a significant difference and I am reaching full recovery - without surgery! I'd like to share the names of the professionals who have brought me through severe pain without any movement to my knee and overall body feeling back to normal. PT has been with Houston Methodist Clear Lake Orthopedics and Sports Medicine near the hospital at 2020 Nasa Parkway. Clara just celebrated 30 years with Methodist and is an OUTSTANDING Physical Therapist. She is very astute and has been right on target with my recovery plan. I highly recommend her. My massage therapy team are in League City. Paul or Tracey Edwards. I included their card for your reference. They will work out your muscular issues or just give you a relaxing massage. They too, are experts in their field and I can't thank them enough! They offer packages too that bring your massage price to \$58.00/hr. What a great gift for yourself or others for Chanukah.



BOOK CLUB

November 8th at 12:30 on Zoom the book club will review, "For the Nickel Boys" and, for those who wish to get ahead, the December book review will be "The Other Wes Moore". If you wish to be on the Book Club's direct mailing list, please contact the chairperson, Jeanne Sheinberg at jeanne.sheinberg@gmail.com

And our very own Sisterhood President, Nancy Schwartz adds a great recipe!

Mock Chopped Liver

Did you grow up with chopped liver for Chanukah and other holidays or, do you just not like it? Either way, here's a healthy, easy and parve "mock" chopped liver recipe to try...

3 med onions, diced and sauteed in the oil until golden in color

1/4 C. olive oil

2 C. cooked green beans, drained (fresh is best but you can use frozen)

4 hard boiled eggs

10 walnuts, chopped

1 tsp. salt

1/4 tsp. pepper

Mix golden cooked onions with green beans, eggs and nuts. Chop until of a fine consistency. Add salt and pepper and chill. Once chilled, add more seasoning as desired - s/p or maybe add some cayenne pepper. Serve on a bed of lettuce leaves. Bon Appetit !

If you have any recipes you'd like to share

Please email me at: tbtpres@gmail.com

Or Nancy Schwartz at nancyaya14@gmail.com





Raise your hand if you're done with 2020? It's been rough. With lockdowns to uncertainty it's putting our "pedal to the metal" mental wise. And then comes the holidays. A time when it should be happy with family and friends gathering, with the spike in Covid, that is another reason that may keep us isolated and feeling alone.

Mental health issues do come to play around the holiday times even in "normal" times. It's more pronounced due to the pressures of the holidays and the idea that 'everyone is having such a great time' – except you. There are also financial stresses that are attached. It's also a time when we think about those who may have passed this year. There are many reasons people fall into depression around this time.

Please know, that WE are here for you at TBT. And there are many wonderful organizations you can turn to if you need help.

Don't be ashamed! Pick up the phone and call me or email me or the Rabbi. There are many who truly care at TBT – all you have to do is reach out. **You are NOT alone!!!**

DON'T FORGET! THIS SATURDAY, OCTOBER 31ST

FALL BACK AN HOUR! - AN EXTRA HOUR TO EAT CANDY UNDER THE BLUE MOON!



NOVEMBER SIMCHAS!

HAPPY BIRTHDAY

1st – Neal Wallach
2nd- Amanda Vermillion
3rd – Jovan Morales
10th- Corinne Blancas
16th – Stuart Eisen
17th – Maury Klann
19th – Yuri Kahn
20th – Arlene Leboe
22nd – Bob Rivesman
26th- Elliot Leboe
27th- Hannah Philibert

Anniversaries

11th – Annette and Jed Login
20th – Neal & Susan Wallach
21st - Cori & Daniel Wison



NOVEMBER SCHEDULE

1-22nd – Virtual Book Fair -ERJCC
6th- Services with MYRNA 7 p.m.
11th- Board Meeting 7 p.m.
13th- Services with Rabbi 7 p.m.
20th – Services with MYRNA 7 p.m.
26th- Thanksgiving
27th- Services with Rabbi 7 p.m.

MEMBER AWARD!

The Board decided last month to honor 2 active members at TBT with a TBT “Special Member Award”. Those who have gone above and beyond service to our Temple deserve recognition! One will be given in December at Chanukah and the other in June at our Congregational Meeting. DO YOU KNOW someone who deserves this award? Please email TBTPres@gmail.com ! Thanks to the Howells for this suggestion!



TBT – 12411 PARK SHADOWS TRAIL HOUSTON, TEXAS 77058

281-286-1717

RABBI DEBORAH SCHLOSS – REBDEB18@GMAIL.COM 832.978.4624

DEB NOWINSKI – TBTpres@gmail.com OR denowinski@gmail.com

Thanksgiving Doodle Page

HAVE A SAFE AND WONDERFUL THANKSGIVING

